ON THE HILL

MARCH 2022

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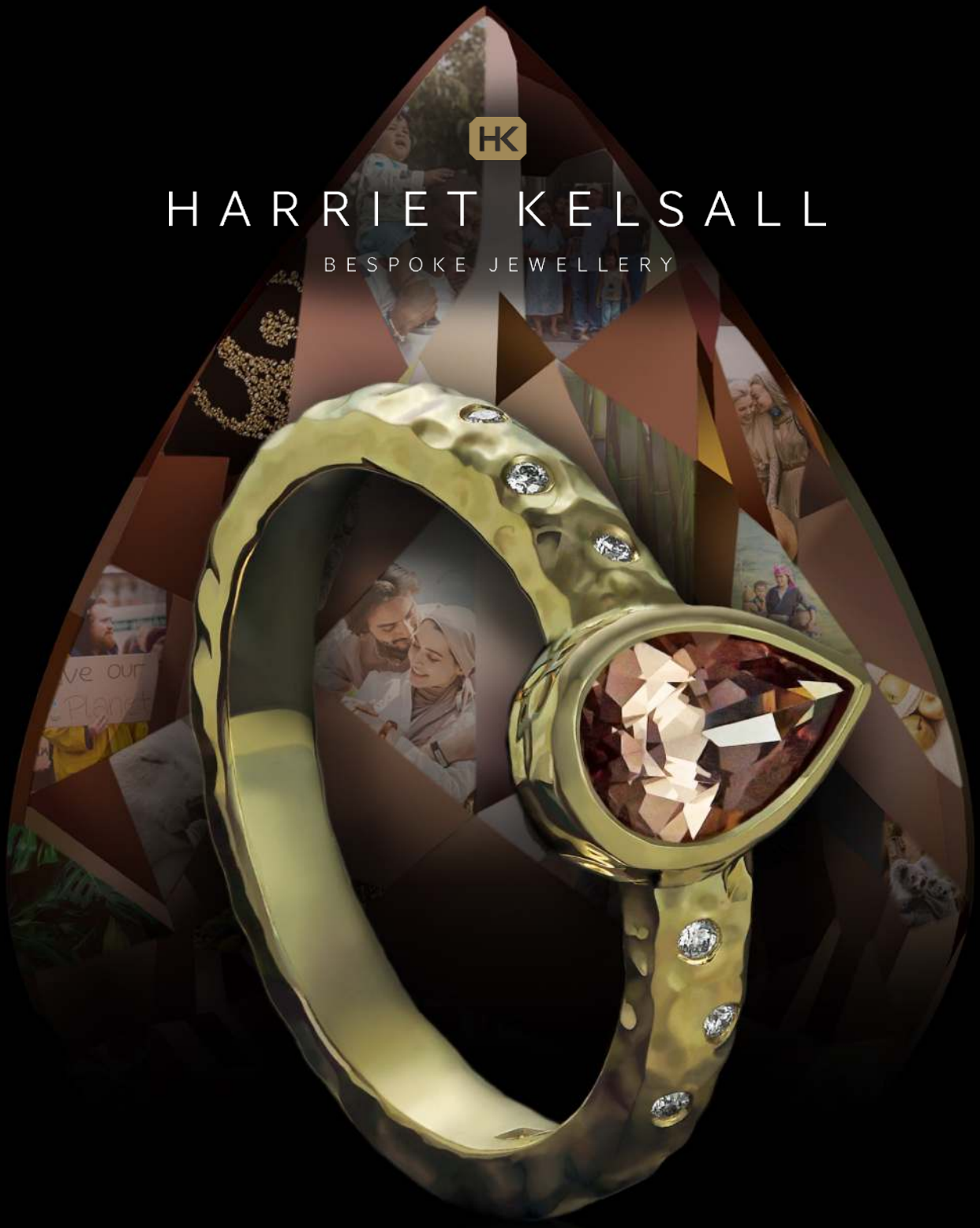
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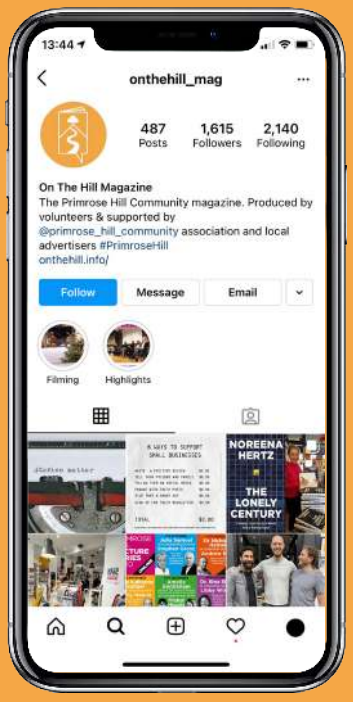
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ON THE HILL
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MARCH 2022

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The Team

Editor
Maggie Chambers
editor@onthehill.info

Editorial Group
Dick Bird, Doro Marden, Phil Cowan, Pam White, David Lennon, Mole on the Hill, Micael Johnstone, Andrew Black

Social Media and Website Editor
Jason Pittock

Subeditors
Brenda Stones, Vicki Hillyard

Photographer
Sarah Louise Ramsay
www.slrphotography.co.uk

Cartoon
Bridget Grosvenor

Design
Luke Skinner
agency-black.com

Advertising Sales
Jake Kalisch
ads@onthehill.info

Special thanks to all our contributors.

PRIMROSE HILL COMMUNITY ASSOCIATION

This publication is created by the community and for the benefit of Primrose Hill on behalf of your local charity, the Primrose Hill Community Association (PHCA). All proceeds from this publication go directly to fund the charity.
We hope you enjoy.

www.phca.cc

Disclaimer: the views in the magazine are not necessarily the views of the PHCA.

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ISSN 20-6175



WELCOME TO MARCH

Thirty years ago, my mother used to frown at me if I bought anything from a second-hand clothes shop. Now the tide has turned, and interest in second-hand is at an all-time high. It's a sustainable way to shop, you can buy high-end clothing for an affordable price, and there's plenty of vintage to be found. Avoiding the carbon footprint of fast fashion is an important consideration, so we're lucky to have three amazing second-hand shops here in Primrose Hill – Mary's Living & Giving, Shelter and Fara – profits from which go respectively to Save the Children, tackling homelessness and poor housing, and vulnerable communities in Romania.

We had great fun organising a photoshoot to showcase the range of clothes available in these shops. They're well worth a visit, and the bonus is that you can shop with a good conscience. Read our feature on sustainable fashion on page 18.

We cover a broad range of topics in this spring issue, the most intriguing being the hairballs which were swept up from the floor in Hackett's for an exhibition currently running at the Horniman Museum.

If you prefer a more down-to-earth visual over your morning toast, then do take note that the Primrose Hill ward has been changed. There's a map inside to show the new boundaries. New ward councillors will be voted in, and local elections are taking place on 5 May.

Now that spring is upon us, a team of volunteers have been out planting on Primrose Hill in the hope of attracting more wildlife. A recent survey of Primrose Hill identified 437 different kinds of invertebrates across the park!

Enjoy the warmer days, but watch out for creepy crawlies!

Maggie Chambers



Read Nigel's story on our website

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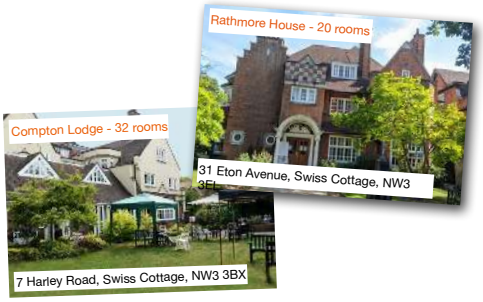
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Primrose Hill LAUGHS



"After a busy morning of charity work, I think we deserve a good lunch . . ."

ON THE STREET

London Zoo: More than Animals *p 9*

Postcards from Primrose Hill *p 10*

Encouraging Wildlife *p 12*

Haverstock Journalists *p 13*

AND MORE



HAIR: UNTOLD STORIES

An exhibition curated by a local resident will change the way we look at hair

Continued on p 8 ▶



Hair: Untold Stories

By Sanam Lou

Emma Tarlo, long-time Primrose Hill resident, has travelled the globe to explore what hair tells us about ourselves and our societies. As Emeritus Professor at Goldsmiths, Emma has now partnered with Dr Sarah Byrne, Senior Curator at the Horniman Museum, to co-curate an exhibition called 'Hair: Untold Stories', which showcases unexpected stories about hair, from the personal to the global. What Emma reminds us is that there is so much more to hair than brushing, washing and cutting. Human and animal hair is an extraordinary fibre with a huge range of possibilities.

Having lived in the neighbourhood since 1993, Emma didn't have to venture far to find artefacts for the exhibition. In 2018, whilst getting her hair cut at Hacketts on Princess Road, she was struck as she watched the hair of a fellow client fall "to the ground like beautiful sparkling snowflakes". She asked the gentleman if she could save some of it, and over the next several months, Emma collected the hair of 35 clients in total. With their permission, individual hairballs have been created and are displayed at the Horniman in a glass cabinet alongside the personal reflections of their respective owners – a material archive of the salon and a beautiful display of our differences and similarities, in unique packages!

The exhibition highlights the qualities of hair as a material, as well as unravelling how we relate to the fibre that grows from our heads and why we are so emotionally invested in it. It explores our complex relationship with hair, both on and off our heads, while examining social expectations around hair, beauty, identity, age, gender and race.

The exhibition weaves in stories from hairdressers in Forest Hill, south London, to the global hair trade, and features the work of artists, film-makers, designers and members of the public. It includes an installation by Korantema Anyimadu, which explores the experiences Black women and non-binary people in the UK have with their hair. Also on display is a dress made of human hair by artist Jenni Dutton, and two giant wigs (one displayed outside in the Horniman Gardens) by artist Isaac Olvera. Intricate clothing and jewellery made from hair by Naga people in India is included, as well as historic and contemporary hair jewellery made by Swedish women.

Alopecia UK Trustee Ruth McPherson has also contributed to the exhibition by producing a video about her experience of living with alopecia and being a wig-wearer. Hers is one of many exhibits which explore the significance of hair loss.

Emma specialises in the anthropology of material culture with reference to dress, fashion, textiles, the body and hair in trans-cultural contexts. On her travels she has met with collectors, untanglers, stitchers, knotters, traders, buyers and wearers of hair. Their stories all went into her 2016 book, *Entanglement: The Secret Lives of Hair*. When asked why she's following the book with this exhibition, she said, "To open our eyes to the way hair both connects and divides us and emphasise the importance of not judging people through hair."

'Hair: Untold Stories' runs until 19 June 2022 at the Horniman Museum & Gardens, 100 London Road SE23 3PQ.

www.horniman.ac.uk/project/hair-untold-stories



London Zoo: More than Animals

By Garry Mancini



To blow away the winter cobwebs, I decided to have a walk around London Zoo. It goes without saying that its inhabitants are the true stars, and the announcement in December of the birth of a new tiger cub was a real cause for celebration.

It is understandable, then, that the site's architecture is generally of little concern to visitors, but it is well worth a visit in its own right. The Zoo is home to no fewer than 13 listed buildings and structures, which is remarkable for an area of its size.

Berthold Lubetkin's Grade I listed penguin pool has been a firm favourite since it was completed in 1934. Famously, the penguins themselves didn't particularly like it and are much happier in their spacious new home adjacent to Regents Park, Penguin Beach.

The Snowdon Aviary, visible from Primrose Hill, is another landmark of historic, cultural and architectural significance. Conceived by the late Lord Snowdon and realised by Cedric Price in the early 1960s, it has long been recognised globally for its innovative design. As most locals will have already noticed, it is currently being reconstructed and will reopen as a stunning walk-through monkey house.

The Zoo is home to no fewer than 13 listed buildings and structures

Decimus Burton's giraffe house, opened in 1836, is the oldest building at the Zoo and still houses the species for which it was designed, although it has seen many significant internal modifications over the years. Burton also designed Wellington Arch at Hyde Park Corner and some of the most well-known buildings at Kew Gardens.



There is even a Grade II listed telephone kiosk at Penguin Beach. Designed by Sir Giles Gilbert Scott in 1928, it is one of only three remaining examples left in the UK.

Taking care of the animals, engaging in vital global conservation and maintaining these listed buildings adds up to a huge expense for ZSL, so donations to the Zoo are always welcome. If you haven't visited the Zoo for a while, I urge you to go and remind yourself how lucky we are to have this gem on our doorstep. Better still, become a member and visit as many times as you like!



Photograph by Frederick William Bond, 1934

POSTCARDS FROM PRIMROSE HILL



Here is a serene view of Chalcot Crescent, looking down from Regent's Park Road, and taken around 1907. On the left we see a lady pushing a pram and holding the hand of a young child.

This particular section of the crescent was built in the 1850s, and was originally called Chalcot Terrace. The name Chalcot is synonymous with Chaldecote, which in Old English means a cold hut, probably a shelter for travellers. Lower Chalcot was first mentioned in 1678 as a modest inn attached to a farm. By the 1750s Chalcot's Farm had become Chalk House Farm, and so arises the name Chalk Farm.

The image is dominated by the house on the left corner, 104 Regent's Park Road. In the 1901 census it was occupied by Francis Stevenson, a civil engineer, sharing the property with a housekeeper and a servant. Note the beautiful details of the architecture of the house, especially the arched windows on the ground floor. Sadly these are no longer in existence: at some point this section of the house must have been enlarged and replaced by plain brickwork.

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NEWS & INFORMATION

from Primrose Hill Community Association

PRIMROSE HILL COMMUNITY ASSOCIATION

Your regular update from PHCA, publisher of *On The Hill*



The Community Association is busy, and we're glad to be able get together in person again. Hopkinson's Bar in the Community Centre is open to members every Sunday afternoon and in the evening of the fourth Friday of each month. And there's a busy roster of regular activities, including Wednesday Walks, Open House, Chair Yoga and Neighbourhood Nosh.

Forthcoming events include the ever-popular Village Disco, jumble sale (doing our bit for the 'circular economy'), hustings for the local elections in May and 'View from the Hill' talks, including 'The Most Important Day in the History of Primrose Hill' from local historian Martin Sheppard.

And do hold the date for our summer celebration to mark the Queen's Platinum Jubilee on 5 June! Plans are afoot for Primrose Hill's very own Royal-inspired Platinum Garden Party with music and picnics... If you'd like to get involved in this fabulous event, drop us a line at info@phca.cc

Members are the heart of the Community Association – we are run by and for our members. Our AGM will take place on Thursday 21 April at 7pm, and all current PHCA members are invited to join us for drinks and nibbles. You can find out more about joining at **www.phca.cc/join**. Or check out our volunteering opportunities – it's a great way to get to know people – at **www.phca.cc/volunteering-opportunities**

WEDNESDAY WALKS

Our Wednesday morning walks started during lockdown but continue to grow in popularity. All are welcome, and they're a great way to meet neighbours and learn more about our neighbourhood.

Sometimes we just stroll in Regent's Park and chat, and other weeks we have a speaker helping us explore Primrose Hill's history, famous residents, nature and architecture.

Forthcoming themes include 'Horses to Porsches' led by Peter Darley from the Camden Railway Heritage Trust, who will examine how horses shaped our locality, and 'Primrose Hill is Revolting' led by professional Camden guide Graham Hood, who will shed light on the radicals and revolutionaries who lived here. In April we will explore the new planting for biodiversity in Primrose Hill with May Webber of the Royal Parks' Mission Invertebrate project.

We meet at 10.30am by the entrance to the Hill on the corner of Regent's Park Road and Primrose Hill Road. Newcomers especially welcome.

Sign up for the PHCA bulletin for details of each week's walk, at **www.phca.cc/subscribe**

NEIGHBOURHOOD NOSH UPDATE

Every Wednesday our brilliant volunteers cook delicious plant-based soups and puddings to accompany main courses from the charity The Felix Project. We deliver meals to individuals in the Oldfield Estate and around our neighbourhood, as well as to a local project for families with young children.

We also give away meals at the Thursday morning 'market' outside the Community Centre (10–11am). Spare donated fresh food and packets are available. We are hoping to offer a drop-in 'welcome café' inside the Community Centre in the near future – watch this space!

We are a friendly energetic group with exciting plans, and new volunteers are always welcome. If you would like to get involved, or refer someone for our service, please email us at nosh@phca.cc

Amanda Dickins (Chair)
Mick Hudspeth (CEO)

DATES FOR YOUR DIARY

A View from the Hill: The Beatles
8 March

Village Disco
12 March

A View from the Hill: The Most Important Day in the History of Primrose Hill
29 March

Jumble sale
2 April

AGM
21 April

Hustings for Camden Council elections
27 April

Camden Council elections
5 May

Jubilee celebration
5 June

Small Things that Run the World
Encouraging wildlife on Primrose Hill

By Hazel Summerfield

Walkers on Primrose Hill will have noticed the introduction of nine new fenced areas of planted scrub. A group of volunteers from Friends of Regent's Park and Primrose Hill Community Association gathered in the last week of January to plant thickets of holly, spindle hawthorn, blackthorn, dogwood and dog rose as part of the Royal Parks' Mission: Invertebrate project.

Within a couple of years, early summer will be enhanced by blooms of vivid yellows, and white and delicate pink flowers, all attracting native pollinators, birds, hedgehogs and invertebrates to enrich the Hill's species diversity and density. Nests of wrens, robins and other birds should be safer within these new areas. Blackthorn and hawthorn are particularly good for all pollinators, including bumble bees and hoverflies. Peacock butterflies will take their first drink of nectar from the blackthorn flowers. And a couple of springs from now, the holly should be visited by silvery holly blue butterflies looking for a place to lay their eggs.

The project was led by May Webber of the Royal Parks, who is helping to fight species loss across all the parks with her project to enhance the habitats for invertebrates. Destined to be an entomologist, from a young age she was entranced by butterflies and moths: 'small things that run the world'.

Life would not exist as we know it without nature's pollinators and recyclers. Approximately 96% of all known species of animals are invertebrates; they pollinate plants, recycle organic material and are an important food source. The project should help increase nature's resilience to climate change.

The planting team also reflected the diversity of London: both locals and visitors, some international. One volunteer from China is temporarily working in the UK and looking forward to walking past her contribution during future visits to the UK. She compared the ethos of volunteering here to the Chinese culture of the community coming together for special projects. She also spoke of her desire to give back, and the mental health benefits of communal endeavour and open-air exercise.



Photograph by Chris O'Donovan

Local resident Peter Darley was hopeful that the planting can be extended to include primroses, which need shade to flourish. Richard Grimshaw, a volunteer from the Wildlife Trust, joined in because he loves natural habitats and any chance to 'wild up'. He hoped that all the plants were locally sourced!

Unfortunately, plans to plant a wildflower meadow were dashed; May Webber explained that Primrose Hill's soil is too nutrient-rich to sustain the flowers. But two areas below the top of the hill will be scarified ready to receive wild flowers, such as sheep's fescue, sorrel and harebells which flourish in the acid grassland. Dead wood will be added to the new bush areas to increase the variety of invertebrate species, such as stag beetles, whose larvae stay munching through dead wood for many years before emerging as beetles.

A baseline survey on Primrose Hill found 437 species of invertebrates, of which 20 are of conservation concern, including 34 species of wasps and bees and 19 species of hoverfly. Let us trust that the volunteers' hard work and May's vision will maintain and possibly increase this diversity. We can at least look forward to an even better dawn chorus!

www.royalparks.org.uk/get-involved/mission-invertebrate

HAVERSTOCK JOURNALISTS

Young journalists from Haverstock School interview the Royal Philharmonic Society clarinettist Mekbrah Haughton-Johnson

"The clarinet was old and didn't work properly, but I just knew I had to play it."

Mekbrah Haughton-Johnson was aged 7 when his teacher brought a clarinet to school to show his students.

We asked: Why were you so drawn to the clarinet?

Mekbrah: "I just loved the shiny silver bits on the clarinet and the sound it made."

Mekbrah's journey to becoming a professional clarinettist began with a huge sacrifice. He went with his elder brother to buy a new Nintendo Wii with his birthday money, but instead came home with a clarinet! We thought this would have been awful for him and were relieved to hear he was given an old Nintendo Wii instead.

The next challenge was that no one in Mekbrah's family was musical and he had no access to clarinet lessons, but he was very, very determined. The situation was resolved when he bought a book, *Teach Yourself the Clarinet: One Tune a Day*. Mekbrah practised and practised, but when he went to secondary school there was no orchestra and still no access to clarinet lessons. However, he didn't give up: at aged 14, he managed to find a clarinet teacher; and at 18, he took his Grade 8 exam and auditioned for the Royal College of Music.

Mekbrah told us: "Most people who auditioned for the Royal College of Music had taken their Grade 8 exam years before auditioning."

He was accepted at the Royal College of Music, which meant he then had a "very difficult decision to make" as his family wanted him to study science. However, Mekbrah accepted the College's offer.



"I just loved the shiny silver bits on the clarinet and the sound it made."

Mekbrah's journey continued: he has performed as a soloist at the Royal Festival Hall, played at the Proms and even performed in a West End theatre, in *Ain't Misbehavin'*.

Us: What it was like to perform in a musical?

Mekbrah: "It was strange, because normally you play below the audience's vision, but I was on stage all the time and I wore a yellow suit!"

Mekbrah played 'Principal Brothers No 3: for Clarinet' by James Lee III most beautifully; it's the sort of music you would hear somewhere very grand, like at a royal wedding.

Thank you, Mekbrah; your journey inspired us.

Keyonte and Manuala (Year 7)

NEWS & VIEWS



Fundraiser in Memory of Baby Leo Bush

Local baby Leo Bush was born in October. Although he looked perfect and healthy he started to suffer distressing symptoms and setbacks which puzzled doctors. He was ultimately diagnosed with a highly severe and life-limiting genetic condition shortly before he passed. The diagnosis was discovered through a new genetic research programme funded by Great Ormond Street Hospital. His parents, Primrose Hill residents Sofie and Andy, are beyond devastated, but are comforted for having known Leo's diagnosis, and are raising money for research in his memory to support other families and children born with similar conditions, and to help make genetic testing more accessible.

Sofie said at Leo's funeral that "Leo taught me that that life need not be long to be meaningful and I hold on the belief that Leo chose me, and had faith that I was strong enough to endure this pain, so that Daddy and I could help others".

To donate please go to **www.justgiving.com/crowdfunding/leo-bush**

Nisa Support St Paul's School



Nisa, the grocery shop on Adelaide Road, has donated £1,000 to St Paul's CE Primary School as part of their Making a Difference Locally initiative. The donation will go towards new IT provision, meaning every class and pupil will directly benefit from their generous donation. The Student Council Representatives thanked Nisa for their kind donation.



Little Bread Pedlar

A warm welcome to The Little Bread Pedlar, the new bakery which moved to Erskine Road at the end of last year. Serving sourdough bread, pastries, and cakes, they're a very welcome addition to our village!

Pop-up Coffee Stall

St Mary's have a pop-up coffee stall serving Monmouth coffee at the front of the church on Primrose Hill Road. You'll find them there at weekends.



A Primrose Hill Dawn

Ian Shaw sent this beautiful photo of dawn rising on Chalcot Road. It would be lovely to see more photos of Primrose Hill, so if you have any good ones, please send them to editor@onthehill.info and they will either go in the magazine or on the website.



Singers Required

The Fellows Singers, a local chamber choir, is looking for more altos, tenors and basses. We sing a mixture of repertoire from the baroque to the contemporary, Bach to the Beatles, and this term have a programme of music for the stage. Rehearsals are on Tuesday evenings from 7.30 to 9 pm and take place in Primrose Hill Community Library. Our musical director is Bradley J Smith, an experienced operatic tenor. We sing three concerts per year in aid of charities of our choice. If you have sung in choirs before and would like to try out this friendly group, please contact Jeremy on 07901 555 785 for more details.

Solar Panels for St Mary's



St Mary's church has received planning permission to put solar panels on its large south-facing roof. Ted Ruscoe, the driving force behind the idea first approached the Camden Planning office seven years ago. They were initially rejected by the conservation officer on the grounds that they would be visible from the park. A second planning application was submitted in September 2018 but planning was refused. The next application ended up in the appeals office in Bristol, but it proved to be successful. It has been a long battle to get there, but worth it in the end.

St Anne's in Highgate, also a conservation area, has solar panels and the hope is now that the many churches and church buildings in London and UK will be inspired to do the same.

The next step is for St Mary's has to raise £43,000 for the work to proceed.

What's On MARCH

NEW THIS MARCH

TUESDAY 1 MARCH

Film Show at the Library: *Cabaret*

1972 musical set in a seedy Berlin nightclub during the Nazis' rise to power, starring Liza Minnelli. PHCL. 7.15pm. £8 in cash, in advance at PHCL or on the door (includes a glass of wine).

SATURDAY 5 MARCH

Nancy Kerr and James Fagan

One of the UK's best-known and most experienced folk duos. CSH. 7.30pm. Book online.

MONDAY 7 MARCH

Author Talk in the Library

The Wolf of Baghdad is an animation based on the graphic memoir of an Iraqi-Jewish family's memories of life in Baghdad in the 1940s, with a Judeo-Arabic and Iraqi soundtrack. Film show followed by Q&A with the author, Carol Isaacs. PHCL. 7pm. £2 at the door.

SATURDAY 12 MARCH

Family Barn Dance

Bring all the family and take part in lively dances from Britain and beyond in a supportive and fun environment! CSH. 3pm.

SUNDAY 13 MARCH

Youth Ceilidh

Our Youth Ceilidhs are fun, friendly social events with energetic live music from top musicians. All 12–19-year-olds welcome. CSH. 6pm. Book online.

WEDNESDAY 16 MARCH

Bryony Griffith and Alice Jones

Combining tradition with their own contemporary style, this powerful new duo combine fiddle, harmonium and tenor guitar with intricate Yorkshire vocals. CSH. 7.30pm. Book online.

THURSDAY 17 MARCH

Chris Wood

Chris Wood's music is permeated with love and wry intelligence. Uplifting and challenging, he celebrates the sheer one-thing-after-anotherness of life. CSH. 7.30pm. Book online.

SATURDAY 19 MARCH

Spring Concert: Music from the Americas

Primrose Hill Choirs presents Music from the Americas. NB Covid regulations. St Mary's NW3 3DJ. £10 (cash only), under 13s free. 6pm. Contact primrosehillchoirs.com.

WEDNESDAY 23 MARCH

Trad Night: Jackie Oates

Unamplified gigs in an intimate performance space. Jackie's music speaks deeply about childhood, parenthood, grief and renewal. CSH. 7.30pm. Book online.

WEDNESDAY 30 MARCH

Life and the Land

A celebration of England's harvest tradition, reimagining songs born out of our agricultural past. CSH. 7.30pm. Book online.

FOR KIDS

MONDAY

Ready Steady Go

Pre-school education and activities for children aged 2–3 years. PHCC. 9.30am–12.30pm. Contact 020 7586 5862.

Rhyme Time

Library Rhyme Time for under 5s. PHCL. Suggested £2 donation. 11–11.45am. Contact 020 7419 6599.

Circus Glory

Trapeze for ages 2½–16. All levels welcome. PHCC. 2–7.15pm. Contact Genevieve 07973 451 603.

TUESDAY

Ready Steady Go Beginners

A gentle introduction to pre-school activities for 1–3 years. PHCC. 9.15–11am & 11.15am–1pm. Contact 020 7586 5862.

Monkey Music

Music and play for children under 5. PHCC. 9.30am–12.15pm. Contact 020 8451 7626.

Play Happening

Play sessions for babies and toddlers. PHCL. £15 per session. 9.30–11.30am. Book at www.playhappening.co.uk.

Ready Steady Go ABC

Dance, music, movement and play for toddlers and babies. PHCC. 1–2pm. Contact 020 7586 5862.

Hartbeeps

Multi-sensory music movement and drama classes for infants and toddlers. 2–5pm. Term bookings £11 per class. Contact clarelouise@hartbeeps.com.

Messy Monkeys

Messy play sessions for babies and toddlers. PHCL. 2–4.15pm. Book at www.messy-monkeys.com.

Bilingual Beats

'Spanish through music' classes for children. PHCL. 4–5pm. Book at www.bilingualbeatsonline.com.

Karate

Authentic Shotokan karate classes for children aged 5+. PHCC. 4–5pm. Register at www.shiranamikai.co.uk.

WEDNESDAY

Les Petits Bellots

A bilingual mini-crèche for children aged 6 months–4 years. PHCL. 9.15–11.15am. Information at www.lespetitsbellots.com.

Ready Steady Go ABC

Dance, music, movement and play for toddlers and babies. PHCC. 9.30am–12.30pm. Contact 020 7586 5862.

Ready Steady Go

Pre-school education and activities for children aged 2 3 years. PHCC. 9.30am–12.30pm. Contact 020 7586 5862.

Circus Glory

Trapeze for ages 2½–16. All levels welcome. PHCC. 2–6.45pm. Contact Genevieve 07973 451 603.

Primrose Hill Children's Choir

Fun songs and games for ages 4–11. St Mary's NW3 3DJ. 4.10–5.10pm. 1st time free, then £8. Contact maestromattheww@yahoo.co.uk.

THURSDAY

Ready Steady Go Beginners

A gentle introduction to pre-school activities for 1–3 years. PHCC. 9.15–11am. Contact 020 7586 5862.

Mini Mozart

Musical story time. PHCL. 9.30am–12.30pm. Book at www.minimozart.com.

La Petite Pierrot

Fun French Lessons for babies and children. Suitable for all levels. PHCC. 9–10.30am. Contact 020 3969 2642.

Ready Steady Go ABC

Exploratory play, singing, dance and stories for babies and toddlers 6–18 months. PHCC. 11.30am–12.30pm. Contact 020 7586 5862.

Messy Monkeys

Messy play sessions for babies and toddlers. PHCL. 2–4.15pm. Book at www.messy-monkeys.com.

First Class Learning

English and Maths tuition. PHCL. 3.30–6pm. Contact 020 7966 484 568.

Catherine's Ballet

Ballet lessons for children under 5. PHCC. 4–5pm. Contact Catherine at 020 8348 0262.

FRIDAY

Ready Steady Go

Pre-school education and activities for children aged 2–3 years. PHCC. 9.30am–12.30pm. Contact 020 7586 5862.

Circus Glory

Trapeze for ages 2½–16. All levels welcome. PHCC. 2–7.15pm. Contact Genevieve 07973 451 603.

SATURDAY

La Petite Pierrot

Fun French lessons for babies and children. PHCC. 9am–12.15pm, 1–3 years old; 11–11.45am, 2–4 years old. Contact 020 3969 2642.

Caterpillar Music

Multi-sensory music and movement sessions for babies and toddlers. PHCL. 3.15–4.15pm. Contact Anita at 07968486471.

SUNDAY

Perform

Drama, dance and singing for children 4–7. PHCC. 9.30am–1pm. Contact Lucy 020 7209 3805.

What's On MARCH

FOR ADULTS

MONDAY

Chilled Strings
Beginners' orchestra rehearsals. PHCC. 6.30–8.45pm. Contact sueandhercello@gmail.com.

Bridge
For beginners and intermediate players. PHCL. 6.30pm. Contact jojarrold@gmail.com or call 07887 568 822.

Primrose Hill Choir
Love to sing? All styles of music, all levels welcome. PHCC. 7.30–9.30pm. Contact maestromatthewww@yahoo.co.uk.

TUESDAY

Pilates
Dynamic sessions, 10.15–11am; gentle session 11.30am–12.15pm. PHCL. £12 per class, £100 for 10 classes. Contact Liza on 07525 461 361 or email lizacawthorn@gmail.com.

Zumba Gold
Zumba class for seniors looking for a fun, modified low-intensity workout, made easy with simple-to-follow steps. PHCC. Free. Check PHCA website for details.

General Yoga
Intermediate level yoga. PHCC. 6.30–7.45pm. Contact Catriona first at 020 7267 5675.

Morris Dancing Class
Learn Morris Dancing. All welcome, no experience required. CSH. 6.30pm. Book online.

WEDNESDAY

Primrose Hill Walks
Weekly walk through Primrose Hill, Regent's Park and surrounding areas, sometimes with themes. 10.30am–12pm. Free. Check PHCA website for details.

Open House
A regular activity (film, talk, performance) followed by tea, cake and chat. PHCC. 2–4.30pm. Free.

Mah Jong
Mah Jong sessions for all levels. PHCC. 7–9pm every second and fourth week of the month. Contact jimbo.mulligan@outlook.com.

English Folk Dance Club
Fun for dancers of all abilities and none. No partner needed. PHCC. 7.15–10pm. Contact camdenfolkdance@yahoo.com.

THURSDAY

Silver Swans Ballet
Ballet classes for over 55s. PHCC. 11am–12pm. Contact katie@primrosehillballet.co.uk.

Gentle Pilates
Gentle but effective Pilates class. PHCL. 12:45–1.45pm. £15 per session. Contact annie@mactherapy.org

Narcotics Anonymous
Support for people with narcotics problems. PHCC. 1.30–3.45pm. Free. More information via NA Helpline 0300 999 1212.

Primrose Hill Community Orchestra
Community orchestra. PHCC. 2–4pm. Contact sueandhercello@gmail.com.

Life Drawing
Beginners to professionals, just drop in! PHCC. 6.30–8.30pm. £7.

Kriya Yoga
Yoga class. PHCL. 6.45–8.15pm. Contact info@kriyayogauk.com.

English Country Dancing Class
Learn English country, ceilidh, barn dancing, and related social folk dance styles from further afield. All welcome, no experience required. CSH. 7.30pm. Book online.

FRIDAY

Aerial Pilates
Improve strength and flexibility through movement with the support of an aerial sling. PHCC. 10–11am. Contact circusbodies@gmail.com.

Chair Yoga for All
Online Chair Yoga. 2.45–3.45pm. Free. Register at phca.cc.

SATURDAY

Primrose Hill Market
St Paul's School playground, Elsworthy Road, NW3 3DS. 10am–3pm. Contact www.primrosehillmarket.com.

Advertise your club, group or event with *On The Hill*



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ON THE HILL
PRIMROSE HILL COMMUNITY ASSOCIATION

onthehill.info

CONTACT DETAILS

PHCC
Primrose Hill Community Centre
29 Hopkinsons Place
(off Fitzroy Road)
NW1 8TN
Contact: info@phca.cc
www.phca.cc
020 7586 8327

PHCL
Primrose Hill Community Library
Sharpleshall Street
NW1 8YN
Contact: events@phcl.org
www.phcl.org
020 7419 6599

CSH
Cecil Sharp House
2 Regent's Park Road
NW1 7AY
Contact: info@efdss.org
www.cecilsharphouse.org
020 7485 2206



SUSTAINABLE FASHION

By Ylwa Warghusen · Photographs by Sarah Louise Ramsay

The weather proves rather capricious on a Sunday in early February as the *On The Hill* team gathers at Mary's Living & Giving on Regent's Park Road to shoot the photos for this article. As we head out to catch rare bursts of sunshine peeking through storm clouds, passers-by stop to chat, to admire the looks that our stylist Deborah Jackson Brown has put together and, in some cases, even to join the shoot (Rosie the dog). It sums up the sense of community we enjoy in Primrose Hill. These clothes are seriously chic, as evidenced by the glances of envy they elicit. It's hard to believe that they are all second-hand and from our local branches of Shelter and Mary's Living & Giving.

Second-hand, vintage, pre-loved – whatever you prefer to call it, the fact is that the resale market is *hot*. Resale is expected to grow 11 times faster than traditional retail over the next five years, and to reach double the size of fast fashion by 2030, according to a report by thredUP, an online platform for second-hand fashion. This means that resale has the power to save the world from fast fashion. When you consider the polluting effects of garment manufacturing and the fact that £140m worth of clothes go into landfill in the UK every year, the damage caused by fast fashion is horrifyingly evident.

A report by the Ellen MacArthur Foundation estimates that the fashion industry is responsible for 10% of global carbon emissions – more than air travel and shipping combined. We can all do our bit by shopping more sustainably and adopting a cyclical approach whereby we reuse products instead of always buying new.

We are very fortunate to have three charity shops on Regent's Park Road: Mary's Living & Giving, Shelter and Fara Kids. As most of the profit goes to worthy causes, it's a double win: by shopping at your local charity shop you not only help save the planet, but also donate your cash in the process.

Charity shops used to have a rather dowdy image, but in the last few years, and especially since the pandemic, second-hand has gained a wider, better-heeled audience. Mary's Living & Giving pioneered this new type of charity shopping. The brainchild of retail guru Mary Portas, the first Mary's Living & Giving boutique opened in 2009 with the mission to maximise profits (which all go to charity), to justify the cost of the upmarket location. Now numbering 24 across London and Edinburgh, these shops have instigated a shift on the high street. Even more crucial in the age of internet commerce, real-life shops must provide an experience above and beyond that of buying online.

The Primrose Hill branch of Mary's Living & Giving is the flagship of the group. The atmosphere is warm and welcoming, a "treasure trove for





Image credits

All photographs
Sarah Louise Ramsay

Front cover
Model Oreke Mosheshe (@yummymummy)
Clothes Mary's Living & Giving
Shirt No label
Trousers Leggiadro
Scarf Giorgio Armani
Shoes Alexander McQueen

Contents page
Models Carlotta Hall (@carlottahall), Noah Landes (@noahlnds), Oreke Mosheshe, Priyanka Patel
Clothes Mary's Living & Giving & Shelter

Oreke
Dress Mara Hoffman
Denim jacket H&M
Trainers Adidas

Noah
Trousers Gucci
Shirt No 21
Trainers Fear of God
Jeans Model's own
Scarf Vintage
Shell beads Vintage

Page 18
Model Carlotta Hall
Clothes: Mary's Living & Giving
Culottes Zara
Blouse Yves Saint Laurent
Shoes Jimmy Choo
Bag Emily Goes to Paris
Belt Alexander McQueen
Earrings Vintage

Page 19
Carlotta
Skirt and top Zara (Shelter)
Jacket Givenchy (MLG)
Shoes Miu Miu

Noah
Suit Gucci (MLG)
T-Shirt COS (Shelter)
Trainers Adidas (Shelter)

Page 20
Model Oreke Mosheshe
Clothes: Mary's Living & Giving
Dress Zara
Boots Tory Burch
Cardigan Etro
Bag Diane von Furstenberg

Page 21
Model Priyanka Patel
Clothes Mary's Living & Giving
Skirt H&M
Jacket Pull & Bear
Hat H&M
Bag Mango
Shoes Model's own



"RESALE HAS THE POWER TO SAVE THE WORLD FROM FAST FASHION"



buying pre-loved gems". Like Shelter and Fara Kids, it largely depends on volunteers to help with the day-to-day running of the business, and of course on local residents for passing on possessions. This cements the connection with the local community, so these boutiques have the feel of social spaces where you can browse and chat as well as just shop. This concept is exactly what Mary Portas envisaged for the very first iteration: "not just a shop, but a place to inspire, share, create, meet and discover".

To date Mary's Living & Giving has raised more than £23m for Save the Children, to help children in the UK and all over the world. The latest urgent appeal is for the five million children in Afghanistan on the brink of famine.

Shelter has nearly 100 shops across the country, through which it aims to help tackle homelessness and poor housing in the UK. The creative window display and funky interior have the feel of a designer boutique. I ask an avid charity shopper (my teenage daughter) how Shelter differs from Mary's Living & Giving: "Shelter is more affordable; the brands are a mix of high street and designer. Both shops are great, depending on what you're looking for".

Fara Kids specialises in children's apparel and toys, with the profits going to help the millions of children and young people still living in poverty in Romania.

So, between them, our local charity shops have the whole family covered! Some friendly shopping advice: as all the pieces are unique one-offs, if you love it, don't wait too long! And, in case you're wondering, a *second-hand* item has been previously owned by at least one other person, regardless of how old it is. A *vintage* item is more than 20 years old and may not have been previously owned, although it usually has. With pre-loved fashion, you get the thrill of the new at an affordable price; and much better quality than fast fashion.

As the shoot wraps up, Deborah, our stylist, tells us that her mother worked for Save the Children for 20 years. It's a sweet anecdote that goes to show that coming together to help extends through generations – just like good style!

To donate, volunteer, or for more information, contact:

www.savethechildren.org.uk/shop/marys-living-and-giving-shops/primrose-hill

england.shelter.org.uk/support_us/shops/primrose_hill

www.faracharity.org/shop/primrose-hill

Living with ADHD

By Penelope Richmond



Until last year, I only ever held down a job for a maximum of 3 months (and there were many jobs). I left my last employer, and my first professional role with a reputable consultancy firm in the city, at the end of 2021 after an all-time record for me of 10 months.

Why were these jobs over so fast? I was (just about) clever enough to obtain a first-class degree in Theoretical Physics, I'm driven, resourceful, very hard-working and I'm good with people.

But my brain isn't wired like most people's. I can't regulate my attention: I'm either hyper-focused or I get distracted by anything and everything. I can't sit still in meetings. I'm impulsive. I get overwhelmingly bored very quickly, to the point where it's actually painful. I often miss bits of conversation and then have no idea what's going on. I become exhausted from concentrating, and from desperately trying to mitigate the disastrous consequences of all the above. I'm a woman with attention deficit hyperactive disorder (ADHD).

I graduated from university years late, due to a combination of undiagnosed ADHD and extremely difficult personal circumstances. By then, all I really wanted was to have a relatively 'normal' adult existence; to have a proper career. I achieved this – or I did initially. But it quickly came to light that, although I had the intellectual competence, work ethic and attitude to succeed, I simply couldn't do it.

I burnt out several times. I was constantly sick. I'd fall asleep in meetings due to exhaustion, cry outside meetings and drink too much after work. It was after realising that I might lose my job and not be able to pay my rent that I sought help. I was told almost instantly that I probably had ADHD. A formal assessment then confirmed this.

I can think most clearly when other people can't think at all

To learn this has been a revelation. It has validated my past struggle and helped me in limitless other ways. I have started taking medication, which has partly helped. My late diagnosis has also made me grieve for the life that I could have had so far, had I been diagnosed as a child.

Regardless of my limitations, I can be brilliant given the right circumstances, as can all those with ADHD. This is why I don't think of it as a disorder; people with ADHD usually have enhanced cognition under pressure. It's like a switch that goes on; I can think most clearly when other people can't think at all. When I'm hyper-focused, I can achieve more in a day than most people can in a week. I'm very creative. I notice everything; I have an extraordinarily high perceptual capacity – as confirmed by researchers at UCL who stuck electrodes on my head. I think of my mind as being designed for survival in the days of hunting and gathering: when noticing tiny things and acting quickly made the difference between life and death.

In understanding how my mind works, I can make changes. I can cope better and make the most of the good traits that I have. And I have many: I have optimised my circumstances to suit the way that I work.

My new employer is me. I do freelance data visualisation and data journalism. Apart from client calls, I work to my own schedules. I keep meetings short and to the point. I use a variety of techniques to keep productive. And, unless I'm hyper-focused, I always take an exercise break in the middle of the day.

I like the pressure of being freelance: the pressure of delivering projects to a tight deadline, and of future employment depending on me doing a good job. I work for anyone, and I never get bored, because there is so much variety in what I do.

I also have the time and energy to be creative for the first time: I paint, I make music and I write!



Pop-up Design Shop

Nishihara, Primrose Hill is hosting a pop-up store throughout March, showcasing female contemporary designers who prioritise natural beauty and longevity. Boujo Hake, Claire Van Holthe and Noriko Nagaoka are all thrilled to have this opportunity to connect with their customers in person. This trio of female-run businesses share core principles: a respect of nature; a contemporary outlook with a nod to the past; and a slow and lasting pace and quality.

Boujo Hake creates understated and minimal underwear, as well as key staples such as T-shirts, vests and raglan sweaters. Their founding principle is that true sensuality comes from within, and that we are at our best in simple, skilfully cut garments. They use sustainable natural materials carefully sourced from Germany and Switzerland, and are proud to design and make these precise styles in England.

Based in Primrose Hill, the female duo, Kathrin and Nadia, put sustainability at the heart of the brand, creating cool and lasting designs. Coined 'The Queen of the White Vests' by Polly Vernon in *Grazia* magazine, their unassuming pieces have been featured in many lists, including *The Telegraph* and *Stella* magazine.

The stunning feminine, hand-made designs of goldsmith and designer Claire Van Holthe complement Boujo Hake's pared-back styles. Claire ethically sources the finest natural diamonds, sapphires, pearls and emeralds, and works them into gold designs, embracing their power and energy. Known as a romancer of stones, her handmade designs reference ancient jewellery. Her clientele include Kate Moss, Liv Tyler and Courtney Love, and she's been featured in *Vogue* and *Tatler*, amongst others.

The Japanese hand-made designs of Noriko Nagaoka are the perfect third partner. Noriko creates unique hand-crafted stoneware pieces inspired by a renowned Japanese potter, Shoji Hamada, producing clean shapes within spontaneous designs. Her collection of ceramics includes delicate sake cups, plates, bowls, mugs, vases and pots, all finished using a layering glazing effect that captures the natural environment of Japan.

The shop is open 1–31 March. There is no pressure to buy, but do come along to browse, chat and offer any feedback. The door is wide open with music playing, coffee brewing...

Nishihara, 42 Chalcot Road NW1 8LS
@boujo_hake
www.boujo-hake.com
@clairevanholthe
@noriko_nagaoka



The Camden Choir – 50 Not Out!

By Anthony Wills

It counts Dame Judi Dench and Jon Snow among its patrons, has so far performed pieces by no fewer than 178 composers – ranging from Jehan Alain to Alexander Zemlinsky – and has led to a dozen weddings! The Camden Choir is not just another amateur chorus; it's a North London institution, and this year it celebrates its 50th anniversary. Members of the Choir, both past and present, recently shared their memories for a special book that was presented to its founder, Julian Williamson, at his leaving party last September.

During his 49 years as Music Director, Julian had a policy of choosing unfamiliar works rather than sticking to the standard repertoire, though this was not neglected. Indeed, the Camden Choir's first ever concert, given on 28 November 1972, consisted of Gabriel Fauré's much-loved *Requiem*, but took place, paradoxically, at St James Norland in Holland Park. Since then the Choir has appeared at all the major concert venues in London and further afield, including the cathedrals of Bury St Edmunds and Norwich. There have also been trips to France and the USA. But St Mary's Primrose Hill, a church with a strong musical tradition, has come to be regarded as its spiritual home.

On a personal note, a mere twenty years ago I was living on Regent's Park Road and happened to spot that the Camden Choir was planning to perform a Mass by the English composer Dame Ethel Smyth (1858–1944). Dame Ethel was a colourful lady who spent two months in Holloway Prison for taking part in a Suffrage march. So began my journey of musical discovery under Julian Williamson's patient, if sometimes long-suffering, tutelage, aided and abetted by the Choir's loyal accompanist, Chris Rowland, who continues in that role to this day. I have also enjoyed the Choir's social side, including quizzes, cabaret evenings, residential 'singing for pleasure' weekends and even steam railway trips!

In common with countless other choirs up and down the country, the Camden Choir was badly hit by the outbreak of Covid, and no concerts were possible between Christmas 2019 and November 2021, though Monday evening rehearsals continued by way of Zoom. In 2020 Julian Williamson made the difficult decision to stand down and handed over the baton to West Hampstead resident Iestyn Evans, who is Director of Music at St James, Spanish Place.

To celebrate its Golden Jubilee, the Choir will perform the world premiere of *Babel*, by the Novello Award-winning composer Richard Blackford, along with lighter pieces by Brahms, at the Cadogan Hall on Sunday 20 March (details below). *Babel* conflates the story of the Tower of the same name with Noah's flood. It's great fun and the Choir is enjoying getting to grips with it. There will be three excellent soloists – the Spanish soprano Lorena Paz Nieto, tenor Mark Le Brocq and baritone Stephen Gadd – and plenty of noise as well! Please come along and support us.

Our summer concert will be at St Mary's on Saturday 25 June and will feature music by composers with local connections, including Delius, Elgar, Handel, Vaughan Williams and John Rutter. We will also be inviting local artists and craftspeople to exhibit their works. Rehearsals start on Monday 28 April and we welcome new singers: email Tracey Potter at join@camdenchoir.london.

50th anniversary concert

20 March (7pm), Cadogan Hall SW1X 9DQ

Tickets available at **www.cadoganhall.com/whats-on/camden-choir**; 020 7730 4500 (from £15)

Contact: **camdenchoir.london**

How to Raise a Bilingual Child

by Stella Bataille



Babies and young children have an insatiable appetite for learning and communicating. Being uninhibited, they don't mind in which language they do this, as long as the exchange they have is full of meaning, and is enjoyable!

I established Club Petit Pierrot in 1993, and our specially devised immersion programme offers children the opportunity to learn bilinguism effortlessly in fun French lessons. The classes start from as young as 8 months old, as even babies from monolingual homes can develop bilingual abilities. All lessons are taught by qualified native French teachers who are dynamic and caring. Over the years we have been covered by the BBC News, ITV News, Channel 5 News, *Huffington Post* and *The Telegraph.*

Here, I share some quick tips on raising a bilingual child:

1. Start as early as possible

Babies and young children have an amazing capacity for learning languages. They're uninhibited when learning a second language, so the earlier you embrace bilinguism, the better.

2. Immerse your child in the language

Don't translate – it's unnecessary, and you want your child to make direct connections between the new language and what they are seeing or doing. Even if you don't speak the language yourself, it's possible to find classes and fun tools (eg games, songs, books and videos) – or perhaps a local native speaker.

3. Make it meaningful

Forget flashcards or lists of vocabulary to learn by heart. Young children learn by doing, and because they have a need to communicate. Make sure they're engaged in enjoyable, age-appropriate activities, whether at home, outdoors or in a class – and be sure to give them lots of opportunities for meaningful human interaction.

4. Don't worry; be patient

Don't worry if your child mixes up both languages at some point; this is good and shows that he/she is learning and experimenting. Be patient when your child seems to understand but is not confident when answering back. Never force your child to speak, and don't stop exposing them to the language.

5. Exposure

Quality of exposure, rather than quantity, is important. Learning a language takes time and commitment, so your child needs to be exposed to it regularly. Moreover, not all children learn at the same pace. The way your child is taught will have a direct impact on his/her motivation and progress.

There are many benefits to learning a second language early in life, including:

- Students who are learning a foreign language out-score others in both verbal skills and maths in standardised tests.
- Learning a second language early in life improves overall cognitive skills and brain development.
- Many studies have shown that foreign language learning increases critical thinking skills, creativity, problem-solving and flexibility of mind in young children.
- It gives children a head start over their peers when learning modern languages at school.
- Adopting a native and authentic accent.
- A chance to explore another culture, to develop an open mind, and to broaden their horizons. Each language carries a history, a way of thinking and its own sense of humour too!
- Confidence and fluency in a foreign language will broaden university and career options.

Club Petit Pierrot is delighted to offer lessons at the Primrose Hill Community Centre. The teachers love this venue as the rooms are bright and spacious and allow for a safe environment, with all Covid-19 measures in place. The interactive sessions, featuring songs, arts and crafts, and movement, are suitable for all levels. Members have access to a portal with videos and activities for practise at home, and you can also purchase our French songs and rhymes to sing along with.

1–3 years old:
Thursday 9:30–10:15am
Saturday 9.45–10.30am

2–4 years old:
Saturday 11–11.45am

www.clubpetitpierrot.co.uk
@club_petit_pierrot

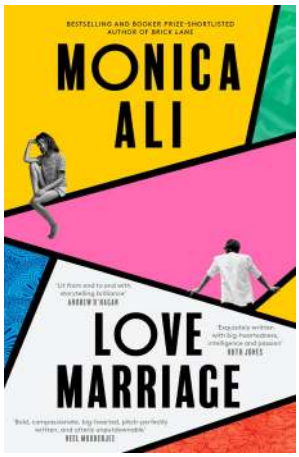


LATEST FROM

Primrose Hill Community Library

Here are the latest library acquisitions. Enjoy!

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Monica Ali
Love Marriage

The first novel in a decade from the author of the Booker Prize short-listed, *Brick Lane.*

PLUS

PAPERBACK

Mark Billingham
Rabbit Hole

Tamsin Calidas
I Am An Island

Simon Conway
The Saboteur

Austin Duffy
Ten Days

Nicci French
The Unheard

Clare Fuller
Unsettled Ground

Stacey Halls
Mrs England

Claire Keegan
Small Things Like These

HARDBACK

Colum McCann
Apeirogon

Anthony Doerr
Cloud Cuckoo Land

John le Carré
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Changes to Primrose Hill Ward Boundary

The Local Government Boundary Commission for England (LGBCE) has reviewed the size and shape of the local council wards and has made significant changes to the Primrose Hill ward.

Due to the developments around King's Cross, the population in Camden has grown, and the balance of the wards will change as a result.

For over a century, Primrose Hill has been joined with Camden Town. Now, LGBCE have proposed that Primrose Hill be split from Camden Town and joined with an area to the west to form an Adelaide with Primrose Hill ward. This would extend our current boundary to the north and west across to Swiss Cottage.

The number of electoral wards and councillors are set to increase ahead of the local elections, which will be held on 5 May.

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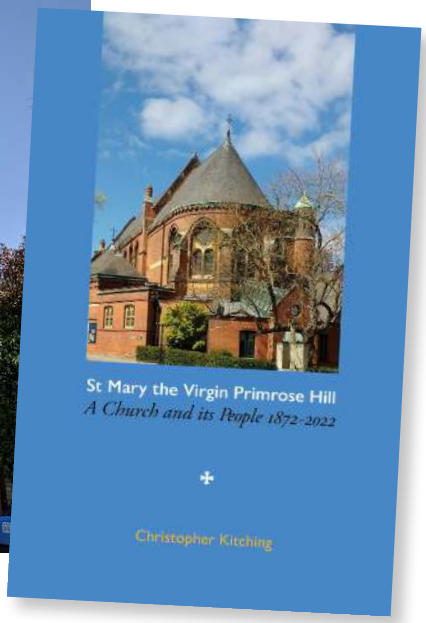
To register your interest please email: info@alyssiafleurschoolofdance.co.uk
or call: 07565 365622
alyssiafleurschoolofdance.co.uk

St John's Wood **Marylebone**









St Mary's: A History

St Mary's Primrose Hill is 150 years old! To mark this anniversary, the church has commissioned a new history, *St Mary's the Virgin Primrose Hill: A Church and its People 1872–2022*, by its honorary archivist and former churchwarden, Christopher Kitching.

St Mary's is widely known for its fine liturgy and music in the Anglican tradition, its affirmation of women's ministry and its pioneering youthwork and social outreach. Many will also know it as host of the annual series of Primrose Hill Lectures and St Mary's Brewery, and as a venue for regular concerts by the Camden Choir and the Camden Chamber Choir.

The book charts the history of the building and its worshipping community, from its origins in the Boys' Home on Regent's Park Road right up to the youthwork of St Mary's Centre ('Mary's') today.

Taking a deep dive into the church's musical and liturgical history, the book also describes its part in the Ritualist controversies of the Victorian era; the near collapse of the building during railway tunnelling in the 1870s; the striking innovations of Percy Dearmer (vicar 1901–15); and the desperate years of the Blitz.

It also provides an innovative analysis of the church's particular place in Christian witness today, and as a 'beacon of hope' for the future.

The book is priced £25 and can be ordered through Primrose Hill Books.

www.primrosehillbooks.com

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Community

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CHALK FARM FOODBANK
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JOIN THE PHCA TODAY!

ONLY £8 PER YEAR
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Do you want to find somewhere in Primrose Hill which offers a warm welcome, affordable drinks and lets you know what's going on in the area? Then you should become a member of the Primrose Hill Community Association.

The Primrose Hill Community Association (PHCA) was founded in 1978 as a charity. It runs events, activities, classes and workshops for the local community. Members get early notice of PHCA events (very handy as these often sell out) and can buy tickets at a discounted rate.

As a member you also get access to the members' bar. Hopkinson's Bar in the Community Centre closed during the lockdowns – as did many of our local venues – but the good news is that it's up and running again.

The bar is open to PHCA members on Sundays from 12 noon to 3pm and on the last Friday of each month from 6.30pm to 9.30pm. Drinks are affordable – £4 for a glass of wine, £2.50 for a bottle of beer, £2 for lager and £1 for a soft drink. There's a wide range of beer including our highly recommended local brew from St Mary's Brewery, made in the crypt of one of our local churches.

If you aren't yet a member, then sign up at the bar, or join online at **www.phca.cc/join**

Membership is £8 a year with concessions available.

Sue Hadley Orchestras

Sue Hadley runs a range of music courses for amateur musicians in a relaxed and informal environment in Primrose Hill. Each course is coached by professional tutors, and players of all levels are welcome.

Please see our website www.suehadley.co.uk for more information and dates. Email sueandhercello@gmail.com

Saturday Playdays

Saturdays, once a month
12.00-5.00pm
Usually with a full orchestra

Cello Love

Special weekends for cellists only, held twice a year

chilled STRINGS

Monday evenings
6.30-8.30pm
Small chamber group focusing mainly on baroque music

Primrose Hill Community Orchestra

Thursday afternoons
2.00-4.00pm
Adult learning orchestra for intermediate skills and above

Hello, Primrose Hill!

The Primrose Hill Community Association' Burns Night celebration took place online this year, with live music and poetry readings streamed from the Community Centre. Recipes and poems were shared beforehand to enable people to join in at home.

Photographs by Petar Savic















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